**HCP** Training

# Georgia State Regulations

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HCP Training

# Non-Medical Care Professionals in Home Care-Personal Care Aide

Link to regulation: Georgia DCH Private Home Care Provider Licensure Packet

# **Initial Training Requirements:**

### HCP does meet training requirements.

Any PCA hired after the effective date of these rules (2013) must have one of the following trainings **and/or** experience:

- Successful completion of a nurse aide training and competency evaluation program.
- Successful completion of a competency examination for nurse aides.
- Successful completion of a health care or personal care credentialing program.
- Successful completion or progress in the completion of a **40-hour** training program provided by a private home care provider.
  - **Twenty hours** of the program must be completed by the employee prior to serving clients.
  - The additional **twenty hours** must be completed within six months of the date the training initially began.

Training Requirement	HCP Recommended Equivalent, but not limited to the
	following:
Ambulation and transfer of clients, including	Performing Safe Transfers
positioning.	Preventing Pressure Ulcers
	Helping Clients with Mobility
Assistance with bathing, toileting, grooming, shaving,	Activities of Daily Living (ADLs)
dental care, dressing, and eating.	Toileting Tips
	Bathing Tips
	Dressing and Grooming Tips
	Feeding Your Clients
Basic first aid and CPR;	Provided by American Heart Association or Red Cross
Caring for clients with special conditions and needs so	Please see our online catalog or download a PDF
long as the services are within the scope of the tasks	catalog: (examples)
authorized to be performed by demonstration.	Activities for Individuals Living with
	Alzheimer's Disease
	Adult Failure to Thrive (AFTT)
	All About Alzheimer's and Dementia
	Common Cardiac Condition
	Common Respiratory Conditions
	Understanding Brain & Spinal Cord Injuries
	<ul> <li>Understanding Common GI Disorders τ</li> </ul>
	Understanding Congestive Heart Failure (CHF)
	Understanding CVAs
	Understanding Dementia



	Understanding Depression
	Understanding Diabetes
	Understanding Eye Disorders
	Understanding Hearing Disorders
	Understanding Heart Attacks
	Understanding HIV & AIDS
	• Your Role in Recognizing, Preventing, and
	Treating UTIs
	Understanding Cultural Diversity
	Caring for Bedbound Clients
	Caring for Clients After Orthopedic Surgery
	Caring for Clients During Chemo
	• Caring for Clients with HIV and AIDS
	Client-Centered Care
	Customer Service in Health Care
	Handling Incontinence of the Bowel and
	Bladder
	Helping Clients with Medication Reminders
	Recognizing and Reporting Abnormal
	Observations
Home management;	Housekeeping Basics
Home safety and sanitation;	Home Care Safety Tip
Infection control in the home	Infection Control in Home Care
Medically related activities to include the taking of	A Vital Sign Update
vital signs.	
Proper nutrition	Basic Nutrition & Hydration
NOTE: PCA's cannot be assigned to perform a task for v	which training has not been completed and competency
has not been determined.	

# **Ongoing Training Requirements:**

HCP does meet the training requirements.

• PCA's must complete **8 hours** of in-service training after the first year of employment.

HCP recommendations. In addition, please see our <u>online catalog</u> or download a <u>PDF catalog</u> .		
Recognizing & Reporting Abnormal Observations	A Vital Signs Update	
An Infection Control Update	Client Safety Tips	
Bloodborne Pathogens	Home Care Safety Tips	
Basic First Aid Tips	Critical Thinking Skills	

# Home Health Aide -Certified Nursing Assistant

Link to Regulation: Title 42-Chapter IV- Sub G -Part 484- Subpart B

# Federal Initial Certification Training Requirements:

HCP does not meet training requirements.

• Federal Training Regulations require Home Health Aides to **become certified through an approved school/training program** as Certified Nursing Assistants.

### **Ongoing Training Requirements:**

HCP does meet the training requirements.

- Home health aides must complete 12 hours of in-service training per year.
- All courses meet this requirement. Please see our <u>online catalog</u> or download a <u>PDF catalog</u>

### HCP Recommended courses include, but are not limited to:

٠	Maintaining Confidentiality
٠	Patient Bill of Rights
٠	A CPR Update
٠	Basic First Aid Tips
٠	Client-Centered Care
٠	Basic Nutrition and Hydration
٠	Infection Control in Home Care
٠	Safe Environments for Clients with Dementia and Alzheimer's Disease
٠	Disaster Planning
٠	Reporting and Documenting Client Care
٠	Helping with Activities of Daily Living
•	Customer Service in Health Care

# Hospice Aides- CNA/HHA/PCA

Link to regulation: eCFR :: 42 CFR Part 418 -- Hospice Care

# Federal/State Initial Training Requirements:

HCP does not meet the Federal initial training requirements.

HCP does have training that can help support the PCA training program requirements.

Personal care aides considered qualified by training and experience to provide services to patients include:

- Georgia Certified Nursing Aides with current certification
- Individuals who have completed and can provide validation or documentation of completion of a home health aide training and competency evaluation.
- Individuals who have successfully completed a <u>personal care aide-training program</u>, provided by the hospice under the direction of a registered nurse.
  - Conducted through classroom and supervised practical training totaling at least **75 hours.**
  - **16 of the 75 hours** of training must be devoted to supervised practical training which must be completed prior to beginning practical training.

Training Requirement	HCP Recommended Equivalent, but not limited to the
	following:
Communications skills;	Special Communication Needs
Observation, reporting, and documentation of patient	Reporting & Documenting Client Care
status and the care or service furnished;	
Reading and recording temperature, pulse, and	A Vital Signs Update
respiration;	
Basic infection control procedures;	Infection Control in Home Care
Basic elements of body functioning and changes in	<ul> <li>Recognizing and Reporting Abnormal</li> </ul>
body function that must be reported to an aide's	Observations
supervisor	
Maintenance of a clean, safe, and healthy	Home Care Safety Tips
environment;	Housekeeping Basics
Recognizing emergencies and knowledge of	Basic First Aid Tips
emergency procedures	Disaster Planning
	Fire Prevention & Safety
The physical, emotional, and developmental needs of	Client-Centered Care
and ways to work with the populations served by the	Caring for Bedbound Clients
hospice, including the need for respect for the patient,	Talking About Death
the patient's privacy, and the patient's property;	End of Life Care
	Ethical Dilemmas in Healthcare
	Grieving with and For Your Clients
	Maintaining Your Client's Dignity



Appropriate and safe techniques in personal hygiene	Performing Mouth Care
and grooming that include:	Performing Safe Transfers
• Bed bath.	<ul> <li>Passive and Active Range of Motion</li> </ul>
<ul> <li>Sponge, tub, or shower bath.</li> </ul>	Basic Nutrition & Hydration
<ul> <li>Shampooing in the sink, tub, or bed.</li> </ul>	Bathing Tips
Nail and skin care.	Beyond the Bathtub: Bathing Alternatives
Oral hygiene; and	Dressing and Grooming Tips
• Toileting and elimination.	Helping with Activities of Daily Living
• Safe transfer techniques and ambulation.	Helping with Instrumental Activities of Daily
<ul> <li>Normal range of motion and positioning</li> </ul>	Living
• Adequate nutrition and fluid intake, including	Toileting Tips
preparing and assisting with eating.	Understanding Advance Directives
Any other task that the hospice may choose	Communication Skills and End-of-Life Care
to have the personal care aide perform, as	• Pain at End-of-Life
authorized by law; an	Physical Care at End-of-Life
Patient rights, including effectuating advance	<ul> <li>Supporting Faith at End-of-Life</li> </ul>
directives and abuse reporting requirements.	• The Dynamics of Dying
	Understanding Hospice
	Understanding Palliative Care
<b>NOTE:</b> Prior to providing care independently to patients, a registered nurse must observe personal care aides	
delivering care to patients and complete an initial competency evaluation for all personal care tasks assigned to	
the aide.	

# Federal/State Ongoing Training Requirements:

HCP does meet the training requirements.

- A hospice aides/PCA's must receive at least 12 hours of in-service training during each 12-month period. Inservice training may occur while an aide is furnishing care to a patient.
- Please see our <u>Hospice Courses for Caregivers.pdf (homecarepulse.com)</u> in addition you may see our <u>online catalog</u> or download a <u>PDF catalog</u>.

# **Direct Care Professionals in ALFs** – Direct Care Staff

Link to regulation: Georgia ALF Staff Training Requirements Pg. 106

# **Initial Training Requirements:**

HCP does meet the training requirements.

- All direct care staff working at any assisted living environment in Georgia are required to complete work related training within the first 60 days of hire.
- Direct care staff must also complete additional training in the provision of CPR and emergency first-aid, and all employees must be trained to administer basic first aid.

Training Requirement	HCP Recommended Equivalent
CPR and First Aid	To be provided by American Heart Association
	Basic First Aid Tips
Emergency procedures	Disaster Planning
Medical and social needs and characteristics of the	Please see our <u>online catalog</u> or download a <u>PDF</u>
resident population.	catalog for courses that meet population and training
	needs.
The long-term care resident abuse reporting act	State-specific information to be provided by the
	facility.
Residents' rights	Patient Bill of Rights
General infection control principles	An Infection Control Update
	Bloodborne Pathogens
Fire safety	Fire Prevention and Safety
Identification of conduct constituting abuse	Understanding Abuse
Neglect or exploitation of a resident	Understanding Neglect

### **Ongoing Training Requirements:**

HCP does meet the training requirements.

- Direct care staff must complete 24- hours of continuing education during the first year of employment.
- 16 hours annually after the 1st year.
- Additional 8- hours per year for memory care unit staff. HCP recommends our 8-hour <u>Specialist-Learning-Paths-Alzheimers.pdf (homecarepulse.com)</u>

When choosing continuing education topics for assisted living facility (ALF) direct care staff, it's important to consider training that is relevant, beneficial, and aligns with the facility's goals and population served. **Courses may be selected freely from our library. Please see our <u>online catalog</u> or download a <u>PDF catalog</u>.** 

# Direct Care Professionals in SNFs- Certified Nursing Assistant

Link to regulation:<u>CFR-2019-title42-vol5,part483-subpartD</u>

### **Initial Training Requirements:**

HCP does not meet training requirements.

- To become a CNA in Georgia, you must complete a state-approved <u>CNA training program/ school</u> that consists of a minimum of 85 hours of training, including classroom instruction and supervised clinical practice.
- After completing the program, students must pass a competency exam to obtain CNA certification.

### **Ongoing Training Requirements:**

HCP does meet the training requirements.

• The Federal regulation requires CNAs to have at least 12 hours of continuing education per year to become recertified.

Courses may be selected freely from our library. Please see our online catalog or download a PDF catalog.

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# **Dementia Care Training Requirements**

Link to regulation : Georgia Dementia Training

### **Training Requirements:**

# HCP does meet training requirements.

• Within six months of employment, staff working in a memory care/dementia care unit must receive training in eleven topics:

Training Requirement	HCP Recommended Equivalent
The nature of Alzheimer's Disease and other	
dementias.	Specialist-Learning-Paths-Alzheimers.pdf
The need for careful diagnosis and knowledge of the	(homecarepulse.com)
stages of Alzheimer's Disease.	Courses in this learning path include:
Common behavior problems and appropriate behavior	<ul> <li>All about Alzheimer's and Dementia</li> </ul>
management techniques.	<ul> <li>Activities for Individuals Living with Alzheimer's</li> </ul>
Communication skills	Disease
Positive therapeutic interventions and activities such	<ul> <li>Mealtime with Alzheimer's and Dementia</li> </ul>
as exercise, sensory stimulation, and activities of daily	<ul> <li>Communicating with Individuals Living with</li> </ul>
living skills.	Alzheimer's and Dementia
The role of the family in caring for residents with	Safe Environments for People Living with Dementia
dementia, as well as the support needed by the family	and Alzheimer's Disease
of these residents.	Supporting and Guiding Individuals through
Development of comprehensive and individual service	Dementia-Related Behaviors
plans and how to update them.	Preventing Elopement
New developments in diagnosis and therapy;	
environmental modifications that can avoid	
problematic behavior and create a more therapeutic	
environment.	
Recognizing physical or cognitive changes in the	
resident that warrant seeking medical attention.	
Maintaining the safety of residents with dementia.	