

Connecticut State Regulations

Table of Contents

NON-MEDICAL CARE PROFESSIONALS IN HOME CARE (PCA)	2
HOME HEALTH AIDES (CNA/HHA/HHHA)	3
HOSPICE AIDES (CNA/HHA).....	4
DIRECT CARE PROFESSIONAL IN ALF	5
DIRECT CARE PROFESSIONAL IN SNF (CNA)	6

Non-Medical Care Professionals in Home Care- Personal Care Aide

Link to regulation: <https://portal.ct.gov/homecare>

Initial Training Requirements:

HCP does meet the initial training requirements.

- Currently, the Connecticut Department of Health has no training requirements for caregivers (PCA's) in private homecare.
- HCP recommends our [8-hour Non-Medical Care Professional Certification Series](#).

HCP Recommendations:
8-Caregiver Certification Series <ul style="list-style-type: none"> • Your Role as a Non-Medical Care Professional • Honoring Patients' Rights • Honoring Confidentiality & HIPAA • Helping with ADLS • Helping with IADLs • Guarding Against Abuse • Guarding Against Neglect • Preventing Infections & Falls • Protecting Against Fires & Disasters • Observing and Documenting Client Care • Providing Client Centered Care

Ongoing Training Requirements:

HCP does meet the ongoing training requirements.

- Currently there are no hourly training requirements for caregivers (PCA's) in Connecticut homecare.
- HCP recommends 6-12 hours of additional training annually.
- Courses may be selected freely from our library. Please see our [online catalog](#) or download a [PDF catalog](#).

HCP Course recommendations, but limited to the following:	
<ul style="list-style-type: none"> • Recognizing & Reporting Abnormal Observations 	<ul style="list-style-type: none"> • An Infection Control Update
<ul style="list-style-type: none"> • Understanding Abuse 	<ul style="list-style-type: none"> • Maintaining Confidentiality
<ul style="list-style-type: none"> • Understanding Neglect 	<ul style="list-style-type: none"> • Standard Precautions
<ul style="list-style-type: none"> • Reporting & Documenting Client Care 	<ul style="list-style-type: none"> • Handwashing
<ul style="list-style-type: none"> • Patient Bill of Rights 	<ul style="list-style-type: none"> • Understanding Basic Human Needs
<ul style="list-style-type: none"> • Basic First Aid Tips 	<ul style="list-style-type: none"> • Client-Centered Care

Health Aides-CNA also called HHA/HHA

Link to regulation: : [Title 42-Chapter IV- Sub G -Part 484- Subpart B](#)

Federal/State Initial Training Requirements:

HCP **does not** meet federal/State initial training requirements.

- Federal Training Regulations require Home Health Aides to become **certified through an approved school/training program** as [Certified Nursing Assistants](#).
- Nursing Aide in Connecticut must obtain at least 100 clock hours of a Nurse Aide Training Program and pass both sections of the [Prometric's CNA Competency Exam](#).
- In Connecticut, a HHA is referred to as a homemaker-home health aide.

Ongoing Training Requirements:

HCP **does** meet the ongoing training requirements.

- Home health aides must complete 12 hours of in-service training per year.
- Courses may be selected freely from our library. Please see our [online catalog](#) or download a [PDF catalog](#).

HCP Course recommendations, but limited to the following:	
• A CPR Update	• An Infection Control Update
• Basic First Aid Tips	• Maintaining Confidentiality
• Client-Centered Care	• Patient Bill of Rights
• Basic Nutrition and Hydration	• Infection Control in Home Care
• Disaster Planning	• Reporting and Documenting Client Care
• Reporting and Documenting Client Care	• Helping with Activities of Daily Living

Hospice Aides-CNA/HHA

Link to federal regulation: [eCFR :: 42 CFR Part 418 -- Hospice Care](#)

Federal/State Initial Training Requirements:

HCP **does not** meet training requirements.

- Hospice Aides are often referred to as home health aides (HHAs) and certified nursing assistants (CNAs) Training must be provided by an [approved training school/program](#).
- Nursing Aide in Connecticut must obtain at least 100 clock hours of a Nurse Aide Training Program and pass both sections of the [Prometric's CNA Competency Exam](#).

Federal Ongoing Training Requirements:

HCP **does** meet the ongoing training requirements.

- A hospice aide must receive at least **12 hours** of in-service training during each 12-month period. Inservice training may occur while an aide is furnishing care to a patient.
- Please see our [Hospice Courses for Caregivers.pdf \(homecarepulse.com\)](#) in addition you may see our [online catalog](#) or download a [PDF catalog](#).

Direct Care Professionals in ALFs

Link to regulation: [Department of Public Health \(DPH\) Assisted Living Services Agencies \(ALSAs\)](#)

Initial Training Requirements:

HCP does meet the initial training requirements.

- [The Department of Public Health](#) requires all staff to complete a **10-hour** topic specific orientation and pass a competency exam completed by the facility.
- *(Orientation training topics may vary depending on the specific ALF.)*
- HCP recommends the 8- Hour [Caregiver Certification Series](#)

Training Requirements:	HCP Course Recommendations:
Training in "the facility's resident population"	• Must be provided by facility
Policies and procedures for medical emergencies	• Must be provided by facility
Organization structure	• Must be provided by facility
Agency personnel policies	• Must be provided by facility
Agency client services policies and procedures	• Must be provided by facility
Basic food preparation and service	• Covered in Caregiver Certification Series
Infection control	• Covered in Caregiver Certification Series
Resident rights	• Covered in Caregiver Certification Series
Communication	• Covered in Caregiver Certification Series
Dementia care	• All About Alzheimer's and Dementia
Basic first aid	• Basic First Aid Tips
Must PASS Competency exam	• Must be provided by facility

Ongoing Training Requirements:

HCP does meet the ongoing training requirements.

- All staff must complete **6 hours** of annual in-service training based on population and facility needs.
- **8 hours** of dementia-specific training within the first **6 months** of employment.
- Courses may be selected freely from our library. Please see our [online catalog](#) or download a [PDF catalog](#).

HCP recommendations for training include but are not limited to:	
• Client-Centered Care	• Discover Your Flair for Excellent Client Care
• Customer Service in Health Care	• Helping with Activities of Daily Living
• An Infection Control Update	• Working with Non-Compliant Clients
• HCP Alzheimer's & Dementia Specialist Learning Path (8.5 Hours)	

Direct Care Professionals in SNFs- Certified Nursing Assistant

Link to regulation: [:CFR-2019-title42-vol5,part483-subpartD](#)

Initial Training Requirements:

HCP **does not** meet the training requirements.

- Nursing assistants/aides working in licensed and or certified skilled nursing facilities, intermediate care facilities must be **certified through an approved school/training program** as Certified Nursing Assistants.
- Nursing Aide in Connecticut must obtain at least 100 clock hours of a Nurse Aide Training Program and pass both sections of the [Prometric's CNA Competency Exam](#).

Ongoing Training Requirements:

HCP **does** meet the training requirements.

- The Federal regulation requires CNAs to have at least **12 hours** of continuing education per year to become recertified.
- Connecticut requires all nursing home staff who care for residents with dementia to complete **8 hours** of dementia-specific training within the first **6 months** of employment.
- HCP recommends the- [HCP Alzheimer's & Dementia Specialist Learning Path](#). This 8.5 Hour learning path includes (7) courses all recognized by the Alzheimer's Association.

Courses may be selected freely from our library. Please see our [online catalog](#) or download a [PDF catalog](#).

