

## REQUIRED AND RECOMMENDED COURSES FOR IDAHO



## **REQUIRED COURSES**

(The following courses are *required* by the State of Idaho and available through In the Know)

- CLIENT CENTERED CARE
- STANDARD PRECAUTIONS
- MAINTAINING CONFIDENTIALITY
- DOCUMENTING CLIENT CARE
- HELPING WITH ADL'S
- NUTRITION FOR THE ELDERLY
- HELPING CLIENTS WITH MOBILITY
- FOOD PREPARATION & SAFETY TIPS

## **RECOMMENDED COURSES**

(The following courses are *recommended* by the State of Idaho and available through In the Know)

- INFECTION CONTROL IN HOME CARE
- BILL OF RIGHTS
- ACTIVITY AND THE ELDERLY
- BASIC NUTRITION AND HYDRATION
- USING ASSISTIVE DEVICES
- MECHANICAL LIFE USE & SAFETY
- PERFORMING SAFE TRANSFERS

- ACTIVITY AND THE ELDERLY
- PERFORMING MOUTH CARE
- DRESSING AND GROOMING TIPS
- BATHING TIPS
- COMMON MEDICATIONS
- FEEDING YOUR CLIENTS
- HOUSEKEEPING BASICS