



OHIO REGULATIONS FOR CAREGIVER TRAINING IN HOME CARE, HOME HEALTH, HOSPICE, & ASSISTED LIVING



TABLE OF CONTENTS

Caregiver training requirements for:

<u>Home Care PCA (Ohio Home Care Medicaid Waiver)</u>	3
<u>Home Health Aide</u>	4
<u>Hospice Aide</u>	5
<u>Assisted Living Aide</u>	6-7

© 2020 In the Know,

www.knowingmore.com

IMPORTANT:

The clinical team at In the Know strives to provide accurate information about training requirements. However, state regulations can change frequently, and the exact information is often difficult to find and decipher. To complicate matters, each state surveyor may interpret regulations differently, making satisfactory implementation challenging. Please use this guide as an informal tool to help you maintain compliance. It is not a substitute for official communication or publication by your state licensing department or your accrediting agency.

Training requirements for:

HOME CARE (OHIO HOME CARE MEDICAID WAIVER)

OHIO REGULATION:

[Ohio Administrative Code: 5160-46-04 Ohio home care waiver.](#)

INITIAL TRAINING FOR PERSONAL CARE AIDE (PCA):

Before commencing service delivery, the personal care aide shall obtain:

OHIO REQUIREMENT	HOW TO FULFILL REQUIREMENT
<ul style="list-style-type: none"> OPTION 1: A certificate of completion of a state-approved Nurse Aide Training Program, or OPTION 2: Certification as an STNA through a state-approved Nurse Aide Training and Competency Evaluation Program and be listed on the Ohio State Nurse Aide Registry. 	<ul style="list-style-type: none"> Find an Ohio state-approved Nurse Aide Training and Competency Evaluation Program. Search the Ohio State Nurse Aide Registry for STNAs.
<ul style="list-style-type: none"> FIRST AID CERTIFICATION: Obtain and maintain first aid certification from a program that is not solely internet-based and that includes hands-on training by a certified first aid instructor and a successful return demonstration of what was learned in the course. 	<ul style="list-style-type: none"> American Red Cross First-Aid Basics American Heart Association Heartsaver First-Aid <p>PLEASE NOTE: These programs are not offered by In the Know.</p>

ONGOING TRAINING:

Complete **12 hours of in-service continuing education annually** that shall occur on or before the anniversary date of their enrollment as a Medicaid personal care aide provider. Continuing education topics include, but are not limited to:

OHIO REQUIREMENT	IN THE KNOW EQUIVALENT OPTIONS
Health and welfare of the individual	ITK has a robust library of courses that meet this requirement.
Patient rights	Bill of Rights
Emergency preparedness	Disaster Planning
Communication skills	Special Communication Needs
Aging sensitivity	The Normal Aging Process
Developmental stages	Working with Infants, Child Growth & Development, Adolescent Growth & Development, Younger Adults in Long Term Care
Nutrition	ITK has a robust library of courses that meet this requirement.
Transfer techniques	Performing Safe Transfers
Disease-specific trainings	ITK has a robust library of courses that meet this requirement.
Mental health issues	Helping Clients with Mental Illness

Training requirements for:

HOME HEALTH AIDE WORKERS

OHIO REGULATION:

<http://codes.ohio.gov/oac/3701-60>

INITIAL TRAINING FOR HOME HEALTH AIDE (HHA):

Before commencing service delivery, the home health aide shall obtain:

OHIO REQUIREMENT	HOW TO FULFILL REQUIREMENT
<ul style="list-style-type: none"> OPTION 1: A certificate of completion of a state-approved Nurse Aide Training Program, or OPTION 2: Certification as an STNA through a state-approved Nurse Aide Training and Competency Evaluation Program and be listed on the Ohio State Nurse Aide Registry. 	<ul style="list-style-type: none"> Find an Ohio state-approved Nurse Aide Training and Competency Evaluation Program. Search the Ohio State Nurse Aide Registry for STNAs.

ONGOING TRAINING:

Per the [Ohio Nurse Aide Registry](#) renewal rules, no continuing education is required to maintain eligibility as an STNA.

CMS GUIDELINES:

[§484.80 Condition of participation: Home health aide services.](#)

A home health aide must receive **at least 12 hours of in-service training during each 12-month period**. In-service training may occur while an aide is furnishing care to a patient. In-service training may be offered by any organization and must be supervised by a registered nurse.

OHIO REQUIREMENT	IN THE KNOW RECOMMENDS . . .
<ul style="list-style-type: none"> No specific training topics are indicated. 	<ul style="list-style-type: none"> Client-Centered Care Customer Service in Healthcare Dealing with Family Members Helping with Activities of Daily Living Recognizing and Reporting Abnormal Observations Discover Your Flair for Excellent Client Care Feeding Your Clients Understanding Common Medications Handling Incontinence of the Bowel and Bladder Helping Clients with Mobility Helping Prevent Client Elopement Commonly Prescribed Diets Working with Non-Compliant Clients

Training requirements for:
HOSPICE AIDE WORKERS

OHIO REGULATION:

[Ohio Administrative Code: 3701-19-09 General requirements for hospice care program personnel](#)

INITIAL TRAINING: Each hospice care program shall provide orientation for its personnel, including volunteers. The orientation shall be appropriate to the tasks each member will be expected to perform;

ONGOING TRAINING: Continuing training shall be designed to assure maintenance of appropriate skill levels and ensure that all personnel are informed of changes in techniques, philosophies, and goals of the hospice care program.

The hospice care program shall ensure that home health aides or hospice aides providing home care services have been trained in the following:

OHIO REQUIREMENT	COURSES RELATED TO COMPETENCY EVALS
<ul style="list-style-type: none"> • Methods of assisting patients to achieve maximum self-reliance 	<ul style="list-style-type: none"> • Client-Centered Care
<ul style="list-style-type: none"> • Principles of nutrition and meal preparation 	<ul style="list-style-type: none"> • Basic Nutrition & Hydration • Get Ready, Get Set, Cook • Planning Balanced Meals
<ul style="list-style-type: none"> • The aging process and emotional problems of illness 	<ul style="list-style-type: none"> • Emotional Losses in the Elderly
<ul style="list-style-type: none"> • Procedures for maintaining a clean, healthful, and pleasant environment 	<ul style="list-style-type: none"> • Housekeeping Basics
<ul style="list-style-type: none"> • Changes in a patient's condition that should be reported 	<ul style="list-style-type: none"> • Recognizing & Reporting Abnormal Observations
<ul style="list-style-type: none"> • The philosophy of hospice care and of the hospice care program 	<ul style="list-style-type: none"> • Understanding Hospice
<ul style="list-style-type: none"> • Ethics 	<ul style="list-style-type: none"> • Ethical Dilemmas in Healthcare
<ul style="list-style-type: none"> • Confidentiality 	<ul style="list-style-type: none"> • Maintaining Confidentiality
<ul style="list-style-type: none"> • Recordkeeping. 	<ul style="list-style-type: none"> • Reporting/Documenting Client Care

Training requirements for:
ASSISTED LIVING AIDE WORKERS

OHIO REGULATION:

[Ohio Administrative Code: Chapter 3701-16 Residential Care Facilities](#)

INITIAL TRAINING:

Caregivers who provide personal care services in a residential care facility shall complete the following :

OHIO REQUIREMENT	IN THE KNOW EQUIVALENT OPTIONS
First-aid training within sixty days of hire;	<ul style="list-style-type: none"> • American Red Cross First-Aid Basics • American Heart Association Heartsaver First-Aid <p>PLEASE NOTE: These programs are not offered by In the Know.</p>
<p>If the caregiver is NOT already CNA (state-established or by other training program that meets the requirements of § 484.36(a), initial training shall include the following:</p> <ul style="list-style-type: none"> • The correct techniques of providing personal care services as required by the staff member's job responsibilities; • Observational skills such as recognizing changes in residents' normal status and the facility's procedures for reporting changes; and • Communication and interpersonal skills. 	<p>ITK has a robust library of courses that meet these requirement. Here are a few suggestions:</p> <ul style="list-style-type: none"> • Activities of Daily Living • Recognizing & Reporting Abnormal Observations • Reporting/Documenting Client Care • Special Communication Needs • Conflict Resolution • Being Assertive

ORIENTATION:

Staff members who provide personal care services shall receive and complete orientation and training applicable to the staff member's job responsibilities within three working days after beginning employment.

The orientation and training required shall include at least:

OHIO REQUIREMENT	IN THE KNOW EQUIVALENT OPTIONS
• The physical layout of the residential care facility;	• In-house materials
• The staff member's job responsibilities;	• In-house materials
• The residential care facility's policies and procedures;	• In-house materials
• How to secure emergency assistance; and	• Disaster Planning
• The residents' rights and the staff's responsibility in implementation of the rights; and	• Bill of Rights
• The staff's obligation to provide all residents who have similar needs with comparable service.	<ul style="list-style-type: none"> • Client-Centered Care • Customer Service in Health Care

Training requirements for:
ASSISTED LIVING AIDE WORKERS

OHIO REGULATION:

[https://www.ahcancal.org/ncal/ . . .](https://www.ahcancal.org/ncal/)

ONGOING TRAINING:

Successfully complete at least eight **(8) hours of continuing education annually**. No specific Training topics are identified.

IN THE KNOW RECOMMENDATIONS INCLUDE BUT ARE NOT LIMITED TO:

An Infection Control Update	Performing Safe Transfers
Beyond the Bathtub (Bathing Alternatives)	Preventing Pressure Ulcers
Client-Centered Care	Recognizing & Reporting Abnormal Observations
Feeding Your Clients	Understanding Alzheimer’s Disease
Handling Incontinence of the Bowel & Bladder	Understanding Cultural Diversity
Handwashing	Younger Adults in Long Term Care
Helping New Clients Adjust	Maintaining a Professional Distance

ALZHEIMER’S & DEMENTIA TRAINING:

Staff members employed by a residential care facility serves residents with **late-stage cognitive impairment** with significant ongoing daily living assistance needs, or cognitive impairments with increased emotional needs or presenting behaviors that cause problems for the resident or other residents, or both, shall have:

OHIO REQUIREMENT	IN THE KNOW EQUIVALENT OPTIONS
(Two hours of initial training in the care of such residents within fourteen days of the first day of work; and	ITK has a robust library of courses to fulfill this requirement.
Four hours of continuing education in the care of such residents annually. The four hours of continuing education may count towards the ongoing training requirement of 8 hours described above.	ITK has a robust library of courses to fulfill this requirement.

MENTAL ILLNESS TRAINING:

Staff members employed by a residential care facility serves residents with diagnoses of serious mental illness shall have:

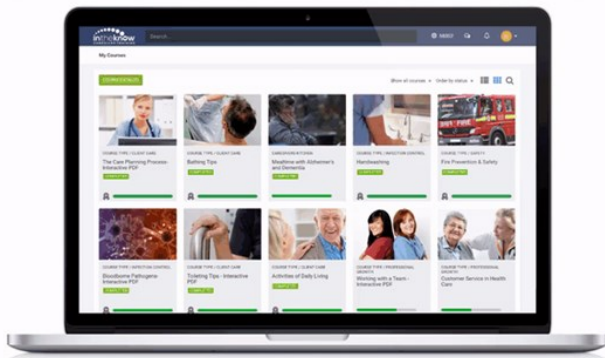
OHIO REQUIREMENT	IN THE KNOW EQUIVALENT OPTIONS
(Two hours of initial training in the care of such residents within fourteen days of the first day of work; and	ITK has a robust library of courses to fulfill this
Four hours of continuing education in the care of such residents annually. The four hours of continuing education may count towards the ongoing training requirement of 8 hours described above.	ITK has a robust library of courses to fulfill this requirement.

HOME CARE PULSE + IN THE KNOW

Combine detailed client/caregiver insights with top-rated caregiver training.

See why 6,000+ healthcare organizations trust **IN THE KNOW** to meet their caregiver training needs.

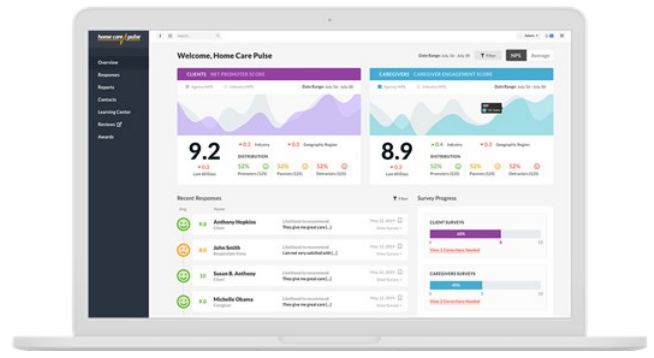
Connect with one of our survey program experts to learn more about **HOME CARE PULSE**



Caregiver Training:

- 170+ CE courses, approved in all states.
- 21+ courses translated into Spanish
- Exclusive 8-Hour Caregiver Certification Series.
- 12-Module Home Care Supervisor Success Series.

[Get a Quote](#)



Client/Caregiver Surveys:

- Monthly phone surveys
- Regional and industry benchmarking
- Custom reports to pinpoint areas of improvement
- Data trends over time

[See Pricing](#)

BUNDLE & SAVE!

Get 10% off both services when you sign up for Client & Caregiver Experience surveys from Home Care Pulse and Caregiver Training from In the Know.