



# NEW YORK REGULATIONS FOR CAREGIVER TRAINING IN HOME CARE, HOME HEALTH, HOSPICE, & ASSISTED LIVING



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### **IMPORTANT:**

The clinical team at In the Know strives to provide accurate information about training requirements. However, state regulations can change frequently, and the exact information is often difficult to find and decipher. To complicate matters, each state surveyor may interpret regulations differently, making satisfactory implementation challenging. Please use this guide as an informal tool to help you maintain compliance. It is not a substitute for official communication or publication by your state licensing department or your accrediting agency.

# NEW YORK PERSONAL CARE AIDES/HOME HEALTH AIDES

## NEW YORK REGULATION:

[https://www.health.ny.gov/professionals/home\\_care/hhtap\\_training\\_program\\_faq.htm](https://www.health.ny.gov/professionals/home_care/hhtap_training_program_faq.htm)

New York requires home health aides to complete a standard state-approved training program that provides 75 hours of training, including 59 hours classroom and 16 hours of supervised practical training as follows:

- Home Care Curriculum - 40 hours (all classroom)
- Health Related Task Curriculum- 35 hours (19 hours classroom plus 16 hours of supervised practical training). At a minimum, fifty percent (50%) of each trainee's supervised practical training must be provided in a patient care setting.

Personal care aides are required to complete the 40-hour Home Care Curriculum only.

- Home care agencies in New York can apply to become an approved provider of the New York Home Health Aide Training Program. Here is a link to the application:

<https://www.health.ny.gov/forms/doh-4396.pdf>

Individuals are allowed to forego the standard training in lieu of a competency evaluation under certain circumstances:

- A nursing assistant with one year of full-time experience in a general hospital within the past five (5) years;
- An individual with documented home health aide or nurse aide training and competency evaluation from an out-of-state training program;
- A home health aide with documented home health aide training and competency evaluation who has not been employed as a home health aide for 24 consecutive months;
- A nursing student who has documented evidence of successful completion of course work requiring mastery of home health aide tasks within the past 24 months. Documentation would include a transcript with passing grade(s) and course description(s) or skills checklist signed by the nursing school instructor.
- Veterans who were trained in the United States Military as medical technicians or medics.

Home health aide training programs must have the capability to augment a nurse aide's training with classroom and supervised practical training in those skills not included in the nurse aide training program. *Such skills include but are not limited to: assistance with medications; handling the patient's money; maintaining a clean, safe home environment; safety, accident prevention and responses to emergencies in the home; taking of blood pressure; and observing, recording and reporting in the home care setting.*

A nurse aide who is registered in the New York State Nurse Aide Registry is not required to repeat training in the content and skills learned in the nurse aide training program. If a home health aide training program assures that the nurse aide is competent in the basic skills learned in the nurse aide program, the individual can receive the additional training and a home health aide certificate can be issued. **The home health aide certificate must come from a NY state-approved Home Health Aide Training Program. In the Know is not allowed to apply to be an approved home health aide training program in New York. The regulations require a physical presence in NY.**

All NY home health aide training programs are required to use a published text consistent with the content of the Department's HCC and HRTC curriculum: [https://www.health.ny.gov/professionals/home\\_care/curriculum/docs/home\\_care\\_curriculum.pdf](https://www.health.ny.gov/professionals/home_care/curriculum/docs/home_care_curriculum.pdf)

# NEW YORK PERSONAL CARE AIDES/HOME HEALTH AIDES

## NEW YORK REGULATION:

[VOLUME E \(Title 10\) SubChapter C - Article 7 - Certified Home Health Agencies and Licensed Home Care Services Agencies](#)

### INITIAL TRAINING:

Regulation requires that that all personnel receive orientation to the policies and procedures of the agency operation, inservice education necessary to perform his/her responsibilities and continuing programs for development and support.

### ONGOING TRAINING:

**Personal care aides** shall participate in 6 hours of inservice education per year

**Home health aides** shall participate in 12 hours of inservice education per year; and

**Advanced home health aides** must participate in 18 hours of in-service education per year, which must include medication management, infection control, and injection safety, and which must be directly supervised by a registered professional nurse.

### IN THE KNOW RECOMMENDATIONS INCLUDE BUT ARE NOT LIMITED TO:

PERSONAL CARE AIDES	HOME HEALTH AIDES	ADVANCED HOME HEALTH AIDES
1. Client-Centered Care	7. Client-Centered Care	1. Activity for the Elderly
2. Helping with Activities of Daily Living	8. Dealing with Family Members	2. Bloodborne Pathogens
3. Discover Your Flair for Excellent Client Care	9. Helping with Activities of Daily Living	3. Caring for Bedbound Clients
4. Feeding Your Clients	10. Recognizing and Reporting Abnormal Observations	4. Caring for Orthopedic Clients
5. Handling Incontinence of the Bowel and Bladder	11. Discover Your Flair for Excellent Client Care	5. Client Safety Tips
6. Helping Clients with Mobility	12. Feeding Your Clients	6. Cost Efficient Care
	13. Safe Environments for Clients with Dementia and Alzheimer's Disease	7. Handling Complaints
	14. Understanding Common Medications	8. Mechanical Lift Use & Safety
	15. Handling Incontinence of the Bowel and Bladder	9. Oxygen Safety for Caregivers
	16. Helping Clients with Mobility	10. Perineal & Catheter Care
	17. Commonly Prescribed Diets	11. Preventing Pressure Ulcers
	18. Working with Non-Compliant Clients	12. Preventing Readmissions
		13. Taking Care of Your Back
		14. Fall Risk Factors
		15. Ostomies & Ostomy Care
		16. Urinary Tract Infections
		17. Using Assistive Devices
		18. Understanding Diabetes

Training requirements for:  
**HOSPICE AIDE WORKERS**

**NEW YORK REGULATION:**

[VOLUME E \(Title 10\) SubChapter C - State Hospital Code Article 9 - Hospice Operation Part 794 - Organization and Administration Title: Section 794.3 - Personnel](#)

**INITIAL TRAINING**

All personnel, including hospice employees, volunteers and contract staff with direct patient and family contact, receive orientation to the concept of hospice care, his or her specific job duties, and the policies and procedures for the hospice operation, inservice education necessary to perform his/her responsibilities and continuing programs for development and support.

**ONGOING TRAINING:**

**Home health aides** shall participate in 12 hours of in-service education per year, which may occur while the aide is furnishing care. In-service may be offered by any organization and must be supervised by a registered nurse.

**Advanced home health aides** shall participate in 18 hours of in-service education per year which must include medication management, infection control, and injection safety, and must be directly supervised by a registered professional nurse.

**CMS GUIDELINES:**

[42 CFR Part 418 Medicare and Medicaid Programs: Hospice Conditions of Participation.](#)

**INITIAL TRAINING:**

Content and duration of hospice aide classroom and supervised practical training, hospice aide training must include classroom and supervised practical training in a practicum laboratory or other setting in which the trainee demonstrates knowledge while performing tasks on an individual under the direct supervision of a registered nurse, or a licensed practical nurse, who is under the supervision of a registered nurse. Classroom and supervised practical training combined must total at least 75 hours.

**ONGOING TRAINING:**

A hospice aide must receive at least 12 hours of in-service training during each 12-month period. In-service training may occur while an aide is furnishing care to a patient.

**IN THE KNOW RECOMMENDATIONS INCLUDE BUT ARE NOT LIMITED TO:**

• Caring for Bedbound Clients	• Talking About Death
• End of Life Care	• The Five Domains of Pain
• Ethical Dilemmas in Healthcare	• Understanding Advance Directives
• Grieving with and For Your Clients	• Understanding Hospice
• Maintaining Your Client's Dignity	• Understanding Pastoral Care
• Oxygen Safety for Caregivers	• Understanding Religious Diversity

*Training requirements for:*  
**ASSISTED LIVING (RESIDENT) AIDES**

**NEW YORK REGULATION:**

[VOLUME E \(Title 10\) Chapter X - Assisted Living Residences Part 1001 - Assisted Living Residences Title: Section 1001.11 - Personnel](#)

**INITIAL (ORIENTATION) TRAINING:**

Resident aides shall receive 40 hours of initial training as specified in the Department's training requirements and curriculum or an approved equivalent program.

**ONGOING TRAINING:**

Resident aides shall receive 12 hours of ongoing, inservice education annually in topics applicable to their responsibilities.

**IN THE KNOW RECOMMENDATIONS INCLUDE BUT ARE NOT LIMITED TO:**

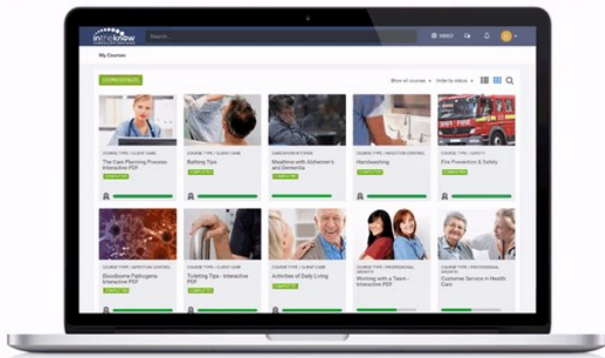
• An Infection Control Update	• Performing Safe Transfers
• Beyond the Bathtub (Bathing Alternatives)	• Preventing Pressure Ulcers
• Client-Centered Care	• Recognizing & Reporting Abnormal Observations
• Emotional Losses in the Elderly	• Safe Environments for Clients with Dementia & AD
• Feeding Your Clients	• Understanding Alzheimer's Disease
• Handling Incontinence of the Bowel & Bladder	• Understanding Cultural Diversity
• Handwashing	• Younger Adults in Long Term Care
• Helping New Clients Adjust	• Maintaining a Professional Distance

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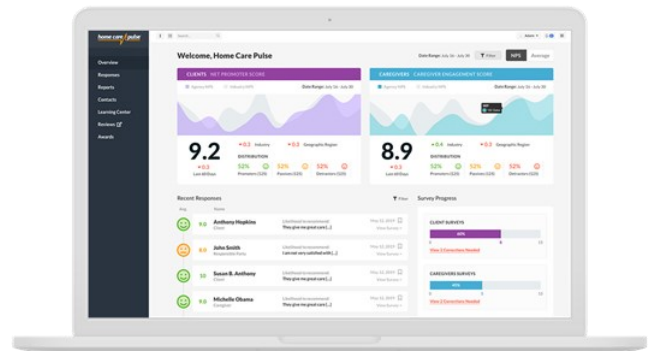
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