

# New York State Regulations

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# Non-Medical Care Professional in Home Care

## Personal Care Aides

Link to regulation: [Public Health \(PBH\) Chapter 45, Article 36, Section 36134](#)

### Initial Training Requirements:

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HCP **does not** meet state initial training requirements.

- New York requires Personal Care Aide (PCA) to complete the state-run 40-hour Home Care Curriculum by an approved home health training program/school with a physical presence in NY.

### Ongoing Training Requirements:

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HCP **does** meet the ongoing training requirements

- Personal care aides must complete 6- hours of in-service education per year.

HCP recommendations. In addition, please see our <a href="#">online catalog</a> or download a <a href="#">PDF catalog</a> .
<ul style="list-style-type: none"><li>• Client-Centered Care</li></ul>
<ul style="list-style-type: none"><li>• Helping with Activities of Daily Living</li></ul>
<ul style="list-style-type: none"><li>• Discover Your Flair for Excellent Client Care</li></ul>
<ul style="list-style-type: none"><li>• Feeding Your Clients</li></ul>
<ul style="list-style-type: none"><li>• Handling Incontinence of the Bowel and Bladder</li></ul>
<ul style="list-style-type: none"><li>• Helping Clients with Mobility</li></ul>

## Home Health Aides-Certified Nursing Assistant

Link to Regulation: [Title 42-Chapter IV- Sub G -Part 484- Subpart B](#)

### Federal/State Initial Certification Training Requirements:

HCP **does not** meet federal initial training requirements.

- Federal Training Regulations require Home Health Aides to become certified through an approved school/training program as Certified Nursing Assistants.
- The regulations require a physical presence in NY to apply to be an approved home health training program/school. For more information, refer to [Home Health Aide Training Program Frequently Asked Questions and Answers](#).

### Ongoing Training Requirements:

#### Home Health Aide:

HCP **does** meet the ongoing training requirements.

- Home health aides must complete 12 hours of in-service training per year. Have the agency choose appropriate courses from our library. All courses meet this requirement.

HCP recommendations. In addition, please see our <a href="#">online catalog</a> or download a <a href="#">PDF catalog</a> .	
• Client-Centered Care	• Safe Environments for Clients with Dementia and Alzheimer's Disease
• Dealing with Family Members	• Understanding Common Medications
• Helping with Activities of Daily Living	• Handling Incontinence of the Bowel and Bladder
• Recognizing and Reporting Abnormal Observations	• Helping Clients with Mobility
• Discover Your Flair for Excellent Client Care	• Commonly Prescribed Diets
• Feeding Your Clients	• Working with Non-Compliant Clients

### Ongoing Training Requirements:

#### Advanced Home Health Aide:

Home Care Pulse **does** meet the ongoing training requirements.

- Advanced home health aide must complete 18 hours of in-service training per year, which must be directly supervised by a registered nurse which must include medication management, infection control, and injection safety.

Home Care Pulse **does not** provide direct supervision for the ongoing training of Advanced Home Health Aides; however, we do offer [HCP Instructor lead courses](#) included but not limited to the following:

HCP recommendations for training include but are not limited to:	
• Activity for the Elderly	• Handling Complaints
• Bloodborne Pathogens	• Mechanical Lift Use & Safety
• Caring for Bedbound Clients	• Oxygen Safety for Caregivers

<ul style="list-style-type: none"><li>• Caring for Orthopedic Clients</li></ul>	<ul style="list-style-type: none"><li>• Perineal &amp; Catheter Care</li></ul>
<ul style="list-style-type: none"><li>• Client Safety Tips</li></ul>	<ul style="list-style-type: none"><li>• Preventing Pressure Ulcers</li></ul>
<ul style="list-style-type: none"><li>• Cost Efficient Care</li></ul>	<ul style="list-style-type: none"><li>• Preventing Readmissions</li></ul>
<ul style="list-style-type: none"><li>• Taking Care of Your Back</li></ul>	<ul style="list-style-type: none"><li>• Fall Risk Factors</li></ul>
<ul style="list-style-type: none"><li>• Ostomies &amp; Ostomy Care</li></ul>	<ul style="list-style-type: none"><li>• Using Assistive Devices</li></ul>
<ul style="list-style-type: none"><li>• Urinary Tract Infections</li></ul>	<ul style="list-style-type: none"><li>• Understanding Diabetes</li></ul>

## Hospice Aides- Certified Nursing Assistants also referred to as HHA

Link to regulation: [eCFR :: 42 CFR Part 418 -- Hospice Care](#)

### CMS Initial Training Requirements:

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HCP **does not** meet CMS initial training requirements

- Hospice Aides are often referred to as home health aides (HHAs) and certified nursing assistants (CNAs) Training must be provided by an approved training school/program with a physical presence in NY.

### CMS Ongoing Training Requirements:

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HCP **does** meet the ongoing training requirements.

- A hospice aide must receive at least 12 hours of in-service training during each 12-month period. Inservice training may occur while an aide is furnishing care to a patient.

Courses may be selected freely from our library. Please see our [online catalog](#) or download a [PDF catalog](#).

• HCP recommendations for training include but are not limited to:	
• Caring for Bedbound Clients	• Talking About Death
• End of Life Care	• The Five Domains of Pain
• Ethical Dilemmas in Healthcare	• Understanding Advance Directives
• Grieving with and For Your Clients	• Understanding Hospice
• Maintaining Your Client's Dignity	• Understanding Pastoral Care
• Oxygen Safety for Caregivers	• Understanding Religious Diversity

## Direct Care Professionals in ALFs – Residential Care Aide

Link to regulation: <https://regs.health.ny.gov/content/section-100111-personnel>

### Initial Training Requirements:

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Home Care Pulse **does not** meet the initial training requirements.

- 40-hour Resident Care Aide Training must be provided by an approved program/school with a physical presence in NY.

### Ongoing Training Requirements:

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Home Care Pulse **does** meet the ongoing training requirements.

- Complete 12 hours of in-service training annually, related to topics applicable to their responsibilities.

Courses may be selected freely from our library. Please see our [online catalog](#) or download a [PDF catalog](#).

HCP recommendations for training include but are not limited to:	
An Infection Control Update	Feeding Your Clients
Beyond the Bathtub	Handling Incontinence of the Bowel & Bladder
Client-Centered Care	Handwashing
Emotional Losses in the Elderly	Helping New Clients Adjust
Helping with Activities of Daily Living	Helping Clients with Mobility
Recognizing & Reporting Abnormal Observations	Understanding Alzheimer's Disease

## Direct Care Professionals in SNFs- Certified Nursing Assistant

Link to regulation: [CFR-2019-title42-vol5,part483-subpartD](#)

### Initial Training Requirements:

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HCP **does not** meet the initial training requirements.

- In New York CNAs must complete a state-approved CNA [training school/program](#) that includes at least 100 hours of training, with at least 70 hours of clinical training and 30 hours of classroom instruction.

### Ongoing Training Requirements:

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HCP **does** meet the ongoing training requirements

- The Federal regulation requires CNAs to have at least 12 hours of continuing education per year to become recertified.

Courses may be selected freely from our library. Please see our [online catalog](#) or download a [PDF catalog](#)

