



 IN THE KNOW  
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# IN THE KNOW COURSES FOR CAREGIVERS

## PERSONAL CARE

- Activities of Daily Living
- Beyond the Bathtub (Bathing Alternatives)
- Bathing Tips
- Caring for Bedbound Clients
- Dressing & Grooming Tips
- Handling Incontinence of the Bowel & Bladder
- Instrumental Activities of Daily Living
- Understanding Ostomies & Ostomy Care
- Perineal & Catheter Care
- Toileting Tips

## CLIENT CARE

- Recognizing & Reporting Abnormal Observations
- Understanding Abuse
- Understanding Neglect
- Caring for Clients During Chemo
- Client-Centered Care
- Maintaining Your Clients' Dignity
- The Care Planning Process
- Understanding Healthcare Financing
- Housekeeping Basics
- An Overview of the Human Body
- Intimacy in the Elderly
- Men's Health Issues
- Helping Clients with Mobility
- Caring for Clients After Orthopedic Surgery
- Preventing Pressure Ulcers
- Passive & Active Range of Motion
- Reducing & Preventing Readmissions
- Using Technology with Seniors
- Transportation Safety
- A Vital Signs Update
- Women's Health Issues

## INFECTION CONTROL

- All About Bed Bugs

- Handling Biomedical Waste
- Bloodborne Pathogens
- Understanding Drug-Resistant Bacteria
- Protecting Clients During Flu Season
- Handwashing
- Infection Control in Home Care
- An Infection Control Update
- Standard Precautions

## SAFETY

- Using Assistive Devices
- Taking Care of Your Back
- Chemical Hazards in the Workplace
- A CPR Update
- Disaster Planning
- Understanding Domestic Violence
- Basic First Aid Tips
- Understanding Fall Risk Factors
- Preventing Employee Falls
- Fire Prevention & Safety
- Home Care Safety Tips
- How to Recognize & Report Human Trafficking
- Mechanical Lift Use & Safety
- Preventing Medical Errors
- All About OSHA
- Oxygen Safety for Caregivers
- Understanding Restraints & Alternatives
- Summer Safety Tips
- Personal Safety in the Workplace
- Winter Safety Tips
- Client Safety Tips
- Sexual Harassment
- Performing Safe Transfers
- Violence in the Workplace

## END OF LIFE CARE

- End of Life Care
- Understanding Hospice
- Grieving With & For Your Clients
- Talking About Death

## ALZHEIMER'S & DEMENTIA

- All about Alzheimer's and Dementia
- Activities for Individuals Living with Alzheimer's Disease
- Mealtime with Alzheimer's & Dementia
- Communicating with Individuals Living with Alzheimer's and Dementia
- Safe Environments for People Living with Dementia & Alzheimer's Disease
- Supporting and Guiding Individuals through Dementia-Related Behaviors
- Preventing Elopement

## PAIN MANAGEMENT

- Helping Clients who have Chronic Pain
- Understanding Pain & the Elderly
- Understanding Pain Management

## AGE SPECIFIC MODULES

- Adolescent Growth & Development
- Activity for the Elderly
- The Normal Aging Process

## COMMUNICATION SKILLS

- Helping New Clients Adjust
- Handling Complaints
- Understanding Cultural Diversity
- Emotional Losses in the Elderly
- Dealing with Family Members
- Medical Terminology & Abbreviations
- Working with Non-Compliant Clients
- Reporting/Documenting Client Care
- Special Communication Needs
- The Survey Process

## PATIENTS' RIGHTS COURSES

- Understanding Advance Directives
- Bill of Rights
- Maintaining Confidentiality

# IN THE KNOW COURSES FOR CAREGIVERS – CONT.

## DISEASE PROCESS COURSES

Adult Failure to Thrive (AFTT)  
Understanding Arthritis  
Understanding Autism  
Understanding Blood Sugar  
Brain & Spinal Cord Injuries  
Understanding C. Difficile  
Understanding Cancer  
Common Cardiac Conditions  
Understanding Congestive Heart Failure  
Understanding COPD  
Understanding CVAs  
Understanding Depression  
Understanding Diabetes  
Understanding Eye Disorders  
Understanding Common GI Disorders  
Understanding Hearing Disorders  
Understanding Heart Attacks  
Understanding HIV & AIDS  
Understanding Hoarding Disorder  
Understanding Hypertension  
Understanding Intellectual Disabilities  
Helping Clients with Mental Illness  
Parkinson's Disease  
Understanding Pneumonia  
Post-Traumatic Stress Disorder  
Common Respiratory Conditions  
Understanding Seizures  
Understanding Sepsis  
Common Skin Conditions, A to Z  
The Effects of Smoking  
Understanding Substance Abuse  
Understanding Suicide  
A Tuberculosis Update  
Urinary Tract Infections  
Understanding Common Vascular Conditions  
How Wounds Heal & How You Can Help  
Understanding Multiple Sclerosis  
Common Musculoskeletal Conditions

Understanding Norovirus  
Understanding Obesity  
Parkinson's Disease  
Pertussis in the Elderly  
Understanding Common Phobias  
Understanding Pneumonia  
Post-Traumatic Stress Disorder  
Common Respiratory Conditions  
Understanding Schizophrenia  
Understanding Seizures  
Understanding Sepsis  
Understanding Shingles  
Common Skin Conditions, A to Z  
Understanding Sleep Disorders  
The Effects of Smoking  
Understanding Substance Abuse  
Understanding Suicide  
A Tuberculosis Update  
Urinary Tract Infections  
Understanding Common Vascular Conditions  
How Wounds Heal & How You Can Help

## MEDICATION

The Basics of Medication Administration  
Understanding Common Medications  
Over-the-Counter Medications

## FOOD PREP & NUTRITION COURSES

Cooking for Your Clients  
Understanding Commonly Prescribed Diets  
Feeding Your Clients  
Fluid & Electrolytes Made Easy  
Food Preparation & Safety  
Nutrition for the Elderly  
Basic Nutrition & Hydration  
Nutrition for Diabetic Clients

## PROFESSIONAL GROWTH COURSES

Managing Anger in the Workplace  
Being Assertive  
Enhancing Attention to Detail

Dealing with the Bully at Work  
Discover Your Flair for Excellent Care  
The Caregiver/Nurse Relationship  
All About Corporate Compliance  
Providing Cost-Efficient Care  
Critical Thinking Skills  
Customer Service in Health Care  
Dealing with Difficult/Combative People  
Ethical Dilemmas in Healthcare  
Legal Issues for Caregivers  
Being a Preceptor  
How to Prioritize Your Work  
Professional Attitudes & Behaviors  
Maintaining a Professional Distance  
Professionalism & Work Ethic  
Quality Improvement  
Stress Management Skills  
Working with a Team  
Building Trust & Confidence  
Personal Wellness

# FOREIGN LANGUAGE COURSES FOR CAREGIVERS

## SPANISH LANGUAGE COURSES FOR CAREGIVERS

- A CPR Update (Spanish)
- Abuse and Neglect in Home Care and Hospice (Spanish)
- Activities of Daily Living (Spanish)
- All about OSHA
- Assisting Patients with Hearing Loss (Spanish)
- Assisting Patients with Oxygen (Spanish)
- Assisting Patients with Visions Loss (Spanish)
- Basic First Aid Tips (Spanish)
- Bathing Tips (Spanish)
- Bloodborne Pathogens- Spanish
- Customer Service in Health Care (Spanish)
- Disaster Planning (Spanish)
- Foot Care: Aide Inservice (Spanish)
- Handling Incontinence of the Bowel and Bladder (Spanish)
- Handwashing (Spanish)
- Helping Clients with Mobility (Spanish)
- Infection Control - Aide Series (Spanish)
- Infection Control in Home Care (Spanish)
- Maintaining Confidentiality
- Managing Your Time (Spanish)
- Nutrition Basics (Spanish)
- Patient Bill of Rights
- Performing Safe Transfers (Spanish)
- Preventing Falls in the Home (Spanish)
- Reporting & Documenting Client Care
- Sexual Harassment (Spanish)
- Sexual Harassment in Home Care and Hospice (Spanish)
- Skin Care in the Elderly (Spanish)
- Standard Precautions - Spanish Audio
- Understanding & Supporting Advance Directives
- Understanding Abuse
- Understanding Alzheimer's Disease (Spanish)
- Understanding Coronavirus (Spanish)
- Understanding Cultural Diversity
- Understanding Dementia (Spanish)
- Understanding Dementia (Spanish)
- Understanding Pain Management
- Urinary Elimination (Spanish)
- Working with Difficult & Combative People (Spanish)

## CHINESE CAREGIVER COURSES

- Abuse and Neglect (Chinese)
- Assisting Patients with Hearing Loss (Chinese)
- Assisting Patients with Oxygen (Chinese)
- Assisting Patients with Vision Loss (Chinese)
- Foot Care: Aide Inservice (Chinese)
- Infection Control (Chinese)
- Managing Your Time (Chinese)
- Nutrition Basics in Home Care and Hospice (Chinese)
- Preventing Falls in the Home (Chinese)
- Sexual Harassment in Home Care and Hospice (Chinese)
- Skin Care in the Elderly (Chinese)
- Understanding Dementia (Chinese)
- Urinary Elimination - Aide (Chinese)

## RUSSIAN CAREGIVER COURSES

- Abuse and Neglect (Russian)
- Assisting Patients with Hearing Loss (Russian)
- Assisting Patients with Oxygen (Russian)
- Assisting Patients with Vision Loss (Russian)
- Foot Care (Russian)
- Infection Control (Russian)
- Managing Time (Russian)
- Nutrition Basics (Russian)
- Preventing Falls in the home (Russian)
- Sexual Harassment in Home Care and Hospice (Russian)
- Skin Care in the Elderly (Russian)
- Understanding Dementia (Russian)
- Urinary Elimination (Russian)

## DO YOU EMPLOY NURSES?

Your In the Know portal can be a one-stop-shop for training both your caregivers and your clinicians! Simply discuss your needs with one of our Caregiver Training Advisors and you'll receive a quote for your customized clinician library of online courses—MOST of which provide CNE credit.

### ANCC ACCREDITED COURSES

- Abuse and Neglect in Home Care and Hospice
- Advance Directives in Home Care and Hospice
- Advanced Pain Management in Home Care and Hospice: Assessment
- Advanced Pain Management in Home Care: Management
- Advanced Pain Management in Home Care: Pathophysiology
- Advanced Pain Management in Hospice: Management
- Advanced Pain Management in Hospice: Pathophysiology
- Aide Services in Home Care and Hospice - Professional
- Alzheimer's Disease and Related Dementias
- Are You Smarter Than a Surveyor? Home Health Edition
- Body Mechanics in Home Care and Hospice
- Calculations and Conversions for Nurses
- Corporate Compliance in Home Care and Hospice
- Creating an Effective Home Health Plan of Care
- Cultural Diversity in Home Care and Hospice
- Documenting Incidents – Professional
- Don't Let the Bed Bugs Bite – Professional Version
- Driving Safety in Home Care and Hospice
- Effective Communication in Home Care and Hospice
- Effleurage Aromatherapy in Hospice
- Emergency Management in Home Care and Hospice
- Fire Safety in Home Care and Hospice
- HIPAA: Protecting Patient Privacy
- Home Care Basics
- Home Care Beyond the Basics
- Home Care of the Patient with Advanced Heart Disease: Assessment
- Home Care of the Patient with Advanced Heart Disease: Management
- Home Care of the Patient with Advanced Heart Disease: Pathophysiology
- Home Care of the Patient with Advanced Lung Disease: Management
- Home Care of the Patient with Advanced Lung Disease: Pathophysiology & Assessment
- Home Care of the Patient with Diabetes: Pathophysiology
- Home Health Covered Services
- Home Health Face-to-Face Encounter
- Hospice Basics
- Hospice Care of the Patient with Advanced Heart Disease: Assessment
- Hospice Care of the Patient with Advanced Heart Disease: Management
- Hospice Care of the Patient with Advanced Heart Disease: Pathophysiology
- Hospice Care of the Patient with Advanced Lung Disease: Management
- Hospice Care of the Patient with Advanced Lung Disease: Pathophysiology & Assessment
- Hospice Care of the Patient with Cancer: Common Types of Cancer
- Hospice Care of the Patient with Cancer: Management
- Hospice Care of the Patient with Cancer: Pathophysiology
- Hospice Care of the Patient with End-Stage Renal Disease
- Hospice Conditions of Participation Part 1
- Hospice Conditions of Participation Part 2
- Hospice Covered Services
- Hospice Face-to-Face Encounter
- Hospice Item Set: Basics
- Hospice Levels of Care
- Infection Control in Home Care and Hospice

## ANCC ACCREDITED COURSES—CONT.

Infection Control: Tuberculosis, HIV and Hepatitis  
Influenza: Community Preparedness  
Introduction to Spiritual Care in Hospice  
Management of Lower Extremity Ulcers  
Management of Pressure Injuries  
Medicare Compliance Training  
Medicare Noncoverage and Change of Care Notices in Home Care  
Medicare-Covered Occupational Therapy Services  
Medication Safety in Home Care and Hospice  
Name that Patient Bill of Right  
OASIS-D: Beyond the Basics: Part 1  
OASIS-D: Beyond the Basics: Part 2  
OSHA Hazard Communication Standard  
PDGM Basics  
Patient Rights in Home Care  
Patient Rights in Hospice  
Physician Orders in Home Care  
Preventing Falls in the Home: Overview  
Professional Boundaries in Home Care and Hospice  
Recipe for Effective Documentation in Home Care and Hospice  
Safe Medical Device Act  
Safety in Home Care and Hospice  
Sexual Harassment in Home Care and Hospice  
Social Work Basics in Home Care  
Social Work Basics in Hospice  
Super Hero's Guide to ICD-10 Coding in Home Care and Hospice  
Territory Management in Home Care and Hospice  
Therapy Services in Home Care  
Time Management in Home Care and Hospice  
Workplace Harassment

## LEADERSHIP COURSES

Business Etiquette  
Balancing Priorities  
The Golden Rule  
The Art of Influencing Others  
Talk Like a Leader  
Taking Initiative: How to Inspire a Proactive Company Culture  
Taking Control of Conflict: How to Resolve and Minimize Workplace  
Supervisor Communication Skills  
Stress Management  
Solid Business Writing  
Work-Life Balance  
Women and Leadership  
Why We Struggle with Tough Decisions: Overcoming Doubts and Dilemmas  
The Toughest Supervisor Challenges  
Systems Thinking: How to Solve Problems So They Stay Solved  
Train the Trainer: A Practical Guide to Classroom Facilitation  
Team Excellence: The Secret to Achieving High Performance  
Team Chemistry: How to Build a Team that Everyone Wants to Join  
Super Manager: Be the Boss Everyone Wants to Work For  
Social Media at Work



# Train, Engage & Retain Caregivers and Clinicians

Subscribers to In The Know's eLearning platform gain unlimited access to:



-  **CAREGIVER CERTIFICATION SERIES**  
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-  **KEYWORD SEARCHABLE WIKI**  
Whether on the job or on the run, give caregivers instant access to important resources right from their smartphone—with just two clicks!
-  **SUPERVISOR SUCCESS SERIES**  
Enroll new supervisors in this 12-module series created to educate, challenge, and inspire every new home care supervisor.
-  **CLINICIAN COURSES**  
Your In the Know portal can be a one-stop-shop for training both your caregivers and your clinicians!
-  **CHEF BETH'S COOKING CLASSES**  
Assign exclusive cooking courses from the "Culinary Skills for Caregivers" series presented by Caregiver's Kitchen.